

# URBAN CULTIVATION – ROOF, TERRACE & BALCONY



## Contents

Preface

1. The place
2. The soil
3. Water
4. The plants
5. Nature

Cultivating memo for the whole year

Index

## Urban odling – tak, terrass & balkong

Ulrika Flodin Furås and Mattias Gustafsson

190 x 230, 160 p

*Cultivation across the rooftops!*

**P**atios, balconies, roofs and terraces in an urban environment – it is often in these under-utilised areas that a kitchen garden, a leafy glade, or a place of rest may be created.

This book helps you discover how to succeed in roof, terrace or balcony cultivation. You'll find tips on construction, descriptions, illustrations, and advice on what to keep in mind in the planning stages of cultivation, design and construction. You always begin with your own set of conditions. If your balcony is dark you can, for example, grow perennials such as ferns and plantain lilies to generate leafiness. And wild strawberries, buckram garlic and Asian leafy greens as edibles. If it's a sun-catcher you can instead grow chilli, paprika and tomatoes and plant bamboo in large pots to create a leafy sense of space. Conditions for planting on rooftops are similar to those found by the sea. Plants that thrive on a windy beach often do well on a rooftop – such as sea buckthorn with its delicious berries and silvery leaves and the beautifully flowering perennial sea thrift.

To cultivate in a restricted area needs a little more planning than cultivating the earth down on the ground. But it's all the more fun when one manages to create one's own little oasis and ecological cycle.



## About the authors

**Ulrika Flodin Furås** is a lecturer, photographer and gardening writer. She has earlier published the book *Gatsmart odling* (Streetwise cultivation) (2012).

**Mattias Gustafsson** is a landscape architect LAR/MSA, MD at URBIO and an influential voice on the subject of the role of landscape architecture in the sustainable city.



**BENNET AGENCY**

SÖDER MÄLARSTRAND 21  
118 20 STOCKHOLM  
SWEDEN

MOBILE: +46 704 67 42 70  
WWW.BENNETAGENCY.COM

