

# POTTED PLANTS FOR EVERYONE



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## Krukväxter för alla

Agnes Stuber  
170x230, 160p

*There are a great many easily maintained houseplants that require no special treatment, like in the delicate story of the Princess and the Pea. Plants which may even be neglected for long periods of time such as the Guianan chestnut or the prickly pear, plants which can stand just about anything, such as the monstera deliciosa, and plants that after a single watering perk up and start to thrive, such as the painted nettle or philodendron vine.*

**I**n this book we get advice on the care and maintenance of around 40 popular houseplants along with handy tips, a guide on how to take cuttings, and we gain inspiration from homes decorated with potted plants – all to help us create our own indoor jungle.

Plants not only help clean the air and give life to a room – according to many studies they help promote mental well-being. To surround oneself with nature and vegetation creates a calm that is necessary in our stressful everyday environment. There is something therapeutic about poking one's fingers into moist soil, spraying one's plants and watching them sprout new leaves. There is also a tremendous camaraderie among plant lovers – of which you too can become a part.

## About the author



**Agnes Stuber** is the founder of the Facebook group *Växtgäris* which in two years has grown to include 19 000 members. Along with her interest in plants Agnes is a photographer. For this book she has chosen to photograph using analogue equipment with a medium format camera to promote a close view and avoid the digital and artificial. Just as with plants analogue photography is a process that demands attention to detail, patience and time.



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